

## High Sign Of Humanity

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### Abstract

This article considers that "Avesta" is the sacred book of Zoroastrianism, which is one of the oldest religions in the world, and is an extremely important source for studying the millennia-old history, socio-economic life, culture, spirituality and values of our ancestors.

**Basic words and phrases:** Uzbek, people, ancestors, high, unique, kindness, enlightenment, humanity, wisdom, culture, work, people, tradition, ancient, honesty, simple desires, hopes, qualities, religion, education, faith, spirituality.

According to the doctrine of spirituality and enlightenment in "Avesta", work is the basis of all virtues, a sign of humanity. It is said that farming is better than praying ten thousand times. In the religious word, it is said: "A person who sows grain and creates sustenance for people is a person who sows the seeds of piety and nourishes his faith." It is said that the beauty of the world comes from the farmer, from farming. Whoever planted a seed in the ground means that he believed in humanity.

To Zarathustra's question about the one who made the earth the happiest in the world, Ahura Mazda said: "He is the one who planted the most wheat, hemp and fruit trees! He is the One who sent water to the dry lands and plowed the watery lands. Unfortunate is the land that has not been sown and plowed for a long time. He dreams of a plow. Such a land is a girl who has entered puberty. This girl is longing for a baby and a good pillow mate. Whoever plows the land with his left and right hand, the land will give him prosperity. She looks like a beautiful and pure girl. This girl enters the husband's house and gives birth to children in his bed to his honest partner. The earth also bears abundant fruit, and "When the seed is sown in the fields, the giants are moved from their places. When the wheat turns green, the giants tremble with terror. When there is wheat flour, the giants moan. When the wheat is threshed, the giants die. Giants can't come close to a house where wheat sprouts. In any household there is a storehouse of wheat, it is as if red-hot iron will snap the necks of giants.

Zoroastrian believes that farming and efficient use of the land is better than all obedient worship: Whoever sows wheat... he makes his religion powerful as if he strengthened it with hundreds of praises, prayers and tens of thousands of sacrifices. Land lying unused is like a childless old woman without a husband. It is often said that the more an old girl wants to touch the ground, the more the uncultivated land is waiting for a husband.

In the Avesta, vices such as greed, envy, arrogance, conspiracy, corruption, theft, robbery, prying into the property of strangers, treachery, dishonesty are strongly condemned, but qualities and qualities such as keeping promises,

sincerity, loyalty, impartiality, mutual respect, spiritual and moral qualities and values are glorified.

About the need to care for all people, it is said in the Avesta: "A good person who obeys the divine law, is kind to his neighbor, ready to help when he is in need and danger, ready to fight against evil for the sake of people's happiness, strives to live in brotherhood in harmony and harmony with everyone. appears. A person should not be jealous either in thought or imagination. A well-intentioned person will never be angry, will not indulge in ignorance, because in a state of ignorance, he loses his good will, forgets duty and justice, and commits wrongful actions.

Zoroastrianism strongly condemns military conflicts, bloodshed, and acts of aggression. Good deeds, being moral, polite, knowledgeable, and enlightened are considered superior to absolute adherence to various religious beliefs.

In "Avesta" there are a lot of moral rules and instructions that encourage people to be faithful, to always walk cleanly, to keep the body clean, to refrain from any bad intentions and words, to give up bad deeds, and to turn away from bad deeds. In that work, there are many rules such as "take care of your soul more than your body", "Every person must wash five times a day, purify himself, and worship the sun."

"Avesto" has great scientific and practical value as a legal source. It also contains the rules regulating issues related to crime and punishment, family-marriage, and property. In particular, chapters 13 and 14 of "Venidat" ("Law Against Giants") contain provisions on saving water, valuing it, and using it efficiently. It stipulates that crops can be watered twice a day, that each planter has the right to receive water that can fit into a ditch one spade wide and deep, that priests are to deal with the distribution of water, and rules prohibiting water pollution. Those who violate these rules are subject to forced labor.

In "Avesta" a special place is devoted to the rules on efficient use of land, its protection from pollution, and the legal consequences of non-compliance with them. A person who buries a dead human or dog in the ground and does not dig it up for six months is prescribed to be beaten with one thousand lashes, and if he does not dig it up for a year, with two thousand lashes. The work contains many rules aimed at regulating family relations. Confession of a husband and wife, for being in a marital relationship without marriage, is prescribed.

In "Avesta" it is forbidden for relatives to start a family with each other, great attention is paid to the healthy, flawless birth of offspring.

In addition, in "Avesta" it is said that whoever hits a dog will have a difficult life, if the dog is hungry, it should be fed, and when the puppy is six months old, you should feed a seven-year-old dog.

It is described in detail that a person who hits a dog with a child will be punished severely, that people who hit or insult a dog will face eternal misfortune, and that dogs are loyal guardians.

"Avesta" also contains valuable thoughts about human rights, duties, and responsibilities. It is said that if the borrower does not repay the loan on time, he is still like a person who broke into someone's house at night.

The fact that spiritual values find their deep expression in "Avesta" deserves special attention. It is noted that having children, raising children to be educated, polite, useful people for the society, thinking about the future is a universal spirituality. When Zoroaster asked Ahuramazda what he would give to a noble family, he answered:

"I will take such people under my protection, I will make their life prosperous and their food plentiful."

According to Zoroastrianism, if a man goes unmarried while he has the ability to leave offspring, he must be branded or chained around his waist. It is also said that allowances will be given to families with many children.

If in Christianity the idea of not resisting evil is promoted, in Zoroastrianism it is prescribed to fight evil with force. "According to the philosophy of Zoroastrianism, good and evil live in the inner world of people. A person can be on the side of Ahriman or Ahuramazda, because the Angel of Good always urges him to do good, but the evil Ahriman urges him to do evil, and this conflict continues until the last moments of a person's life... If we call Avesta a great moral book, we will not be exaggerating. Zoroastrians deified good words, good deeds and good thoughts, and prayed three times daily to the holy spirits named by these three names. Lying and deceiving someone is an unforgivable sin in the religion of Mazdaism. According to Zoroastrianism, a person should light the lamp of truth and truth in his heart so that he does not remain in darkness and wander, only then can a person reach the heights of perfection.

In "Avesta" there are many lessons of cultural, spiritual, educational and moral importance: "To be strong and powerful, if you always act according to the truth and truth, you will be strong and powerful", "Don't think about anything but the true word, the true word don't talk about anything else, don't engage in anything other than truthful actions", "We should be people who move the world towards development and perfection", "Truthfulness and truthfulness are the month of God and the law of filial piety", "It is better to die telling the truth than to live by lying. ", "He who does not conquer and control his ego cannot win over anything." Despite the fact that these ideas were spoken 3 thousand years ago, they still retain their importance and fulfill the function of the program. They still can't reach us today.

All humanity has benefited from the advanced ideas of universal importance in the Zoroastrian religion, the Avesta. Under the influence of this Divine Word, many works and philosophical teachings were created in the East, especially in the West. Zoroastrianism can be seen in world religions, Jewish and Christian theology. It is not difficult to notice that the teaching of the Christian religion, that every person has a particle of the body of the Prophet Jesus, therefore, he cannot be insulted or tortured, is based on the teaching of Zoroastrianism, that every creature and plant has a particle of the sun.

"According to the Zoroastrian religion, every Zoroastrian was required to bathe and purify himself five times a day, look at the sun, praise it, and worship it. This tradition was carried over from Zoroastrianism to Islam in the form of five daily prayers.

Therefore, the collection of books "Avesta" is of inestimable value as a written source that informs us very well about the state of our culture and spirituality before Islam, and it is very important that we study and analyze it seriously. It is imperative that we be able to correctly perceive the spirit of the period when these texts were originally created, not forgetting the extremely unique nature of the narrative and style.

Historically, the first intellectuals are prophets. Because they did not have the opportunity to master the systematic knowledge system written in certain texts under the guidance of certain teachers in the social environment of their time. The secrets of the Supreme Truth were revealed to them in the form of direct revelation. In the

traditions of our region, it is recorded that several thousand prophets and messengers, hundreds of divine books and Suhufs were revealed before Muhammad (pbuh).

We saw that elements of Stone Age spirituality were reflected in "Avesta". But in this book, they are only memories of the past, reflected in the form of myths. The true essence of "Avesta" spirituality is not in them. The book "Avesta" reflects the thousands of years of cultural heritage of our ancestors. But its integration into a whole system, the basic essence that has reached us is connected with the name of Zarathustra. For thousands of years, Zoroastrian "gohs" have been recognized as divine revelation by those who have blessed him. Today it is impossible to say anything definite about it. Construct Zoroastrianism is not mentioned as a prophet in Oni Karim, "Avesta" or its integral part is not mentioned as a divine book. However, it should be noted that Zoroaster was not exposed as a false prophet in the divine book, nor was there a special refutation of the Avesta. This secret is known only to Allah. And we think as much as we can.

In any case, the fact that Zoroastrian times differ to a certain extent from the general spirit of the Avesta text has already attracted the attention of experts in this field. Most of the texts of "Avesta", as we mentioned above, reflect the stage of mystical thinking in the development of human consciousness. Zoroastrian "gohs" are built on the basis of the ideas of monotheism, that is, they inform about the one God of the world and the universe, glorifying him as the supreme and holy (more precisely, absolute) possessor of knowledge - Ahura Mazda.

Based on this, the idea arises that the divine word (divine light) did not really exist at the beginning of the second stage. It is unbelievable to think that the man of the Stone Age, even the Bronze Age, felt the Universe by himself, and was able to understand the secret of the Universe at that time. Zoroastrian "goths" talk about the universe, infinite existence and its essence, in a word, they warn about the "mystery of the unseen". There is still no clear answer to the question of which era and historical period Zoroastrianism belongs to.

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